

Studio 1				Studio 2				Studio 3			
MONDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m					11-11.45am	Cupcakes Acro	3-4y	45m
								12-12.45pm	Cupcakes Acro	4-5y	45m
3.30-4.15pm	Jazz	5-6y	45m	3.30-4.15pm	Hip Hop	6-9y	45m				
4.15-4.45pm	Tap	6-9y	30m	4.15-4.45pm	Hip Hop	4-6y	30m	3.45-4.45pm	Acro*	Green	60m
4.45-5.30pm	Jazz	6-7y	30m	4.45-5.30pm	Jazz	8-9y	45m	4.45-5.30pm	Acro*	Aqua	45m
5.30-6.30pm	Hip Hop	10-12y	60m	5.30-6.30pm	Contemporary	15+y	60m	5.30-6.30pm	Acro*	Violet	60m
6.30-7.30pm	Hip Hop	13-14y	60m	6.30-7.30pm	Jazz	15+y	60m	6.30-7.30pm	Acro*	Orange	60m
7.30-8.30pm	Jazz	13+y	60m	7.30-8.30pm	Hip Hop	15+y	60m	7.30-8.30pm	Acro*	Wte/Ylw	60m
TUESDAYS											
9.15-10.15am	Cupcakes COMBO	3-5y	60m					9.45-10.15am	Cupcakes Acro*	2-3y	30m
10.30-11.15am	Cupcakes Dance	4-5y	45m					10.30-11.15am	Cupcakes Acro	3-4y	45m
11.30-12.15pm	Cupcakes Dance	3-4y	45m					11.30-12.15pm	Cupcakes Acro	4-5y	45m
3.30-4.15pm	Lyrical	6-9y	45m	3.30-4.15pm	Jazz	6-7y	45m	3.30-4.15pm	Acro	Aq/Grn	45m
4.15-5.00pm	Ballet	Lvl 1/2	45m	4.15-5.00pm	Jazz	8-9y	45m	4.15-5.15pm	Acro	Grn/Vio	60m
5.00-5.45pm	Ballet	Lvl 3/4	45m	5.00-5.45pm	Hip Hop	6-9y	45m	5.15-6.15pm	Acro	Vio/Oge	60m
5.45-6.30pm	Ballet	Lvl 5/6	45m	5.45-6.30pm	Hip Hop	12+y	45m	6.15-7.30pm	Acro	Wtw/Yel	75m
6.30-7.30pm	Ballet	Open	60m	6.30-7.30pm	Contemporary	12+y	60m				
7.30-8.15pm	Pointe	Invite	45m	7.30-8.30pm	Jazz	12+y	60m	7.30-8.30pm	Adv Com Jazz	17+y	60m
WEDNESDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
3.30-4.15pm	Jazz	5-6y	45m								
4.15-4.45pm	Ballet	5-6y	30m	3.45-4.45pm	XLR8 JUNIORS	Invite	60m	3.30-4.30pm	XLR8 MINIS	Invite	60m
4.45-5.30pm	Hip Hop	10-12y	45m	4.45-5.45pm	XLR8 INTERS	Invite	60m	4.30-5.45pm	STORM	Invite	75m
5.30-6.30pm	Contemporary	10-12y	60m	5.45-7.00pm	XLR8 OPEN	Invite	75m	5.45-7.00pm	THUNDER	Invite	75m
6.30-7.30pm	Jazz	10-12y	60m								
7.30-8.30pm	Lyrical	10-14y	60m	7.00-8.30pm	XLR8 PREPRO	Invite	90m	7.00-8.30pm	Jazz/Contemp	13+y	90m
THURSDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
12.00-12.30pm	Cupcakes Tap	3-5y	30m								
4.00-4.45pm	Tap	Lvl 1	45m	3.45-4.45pm	XLR8 JUNIORS	Invite	60m	3.45-4.45pm	XLR8 PETITES	Invite	60m
4.45-5.30pm	Tap	Lvl 2/3	45m	4.45-5.45pm	XLR8 INTERS	Invite	60m	4.45-5.30pm	FUSION CREW	Invite	45m
5.30-6.30pm	Hip Hop	10-14y	60m	5.45-6.30pm	ROAR JNR	Invite	45m	5.30-6.30pm	GRNNVY CREW	Invite	60m
6.30-7.30pm	Lyrical	10-14y	60m	6.30-7.30pm	XLR8 OPEN	Invite	60m	6.30-7.30pm	ILLUSION CREW	Invite	60m
7.30-8.30pm	Jazz	10-14y	60m	7.30-8.30pm	XLR8 PREPRO	Invite	60m	7.30-8.30pm	NRG CREW	Invite	60m
FRIDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m					12-12.45pm	Cupcakes Acro	3-5y	45m
3.30-4.30pm	Jazz/Tap	6-9y	60m	4-5.30pm	Elite Extension*	9+y	90m	3.30-4.30pm	Acro	Green	60m
4.30-5.15pm	Lyrical	6-9y	45m					4.30-5.15pm	Acro	Aqua	45m
5.15-6.30pm	Hip Hop	6-9y	45m	5.30-6.30pm	Hip Hop	10-12y	60m	5.30-6.30pm	Acro	Vio/Oge	60m
				6.30-7.30pm	Jazz/Contemp	10-12y	60m				
SATURDAYS											
8.30-9.00am	Cupcakes Tap	3-5y	30m	8.30-9.00am	Ballet	4-6y	30m	8.45-9.30am	Cupcakes Acro	3-5y	45m
9.00-9.30am	Cupcakes Dance	2-3y	30m	9.00-9.30am	Hip Hop	4-6y	30m	9.30-10.15am	Acro*	Aqua	45m
9.30-10.15am	Tap	6-9y	45m	9.30-10.15am	Cupcakes Dance	4-5y	45m	9.30-10.15am	Jazz	5-6y	45m
10.15-11.00am	Jazz	6-7y	45m	10.15-11.00am	Jazz	8-9y	45m	10.15-11.00am	Acro*	Oge+	75m
11.00-11.45am	Ballet	6-9y	45m	11.00-11.45am	Lyrical	6-9y	45m				
11.45-12.30pm	Tap	Lvl 1/2	45m	11.45-12.30pm	Hip Hop	6-9y	45m	11.15-12.30pm	Acro*		
12.30-1.30pm	Hip Hop	13+y	60m	12.30-1.30pm	Jazz	10-12y	60m	12.30-1.30pm	Acro*	Green	60m
1.30-2.30pm	Jazz	13+y	60m	1.30-2.30pm	Lyrical/Contemp	10-12y	60m	1.30-2.30pm	Acro*	Violet	60m
2.30-3.30pm	Lyrical/Contemp	13+y	60m	2.30-3.30pm	Hip Hop	10-12y	60m	2.30-3.30pm	Acro Beginners*	9+y	60m
3.30-4.15pm	Tap	Lvl 3	45m	3.30-4.30pm	Break Dance	8+yrs	60m				
Mondays @Vasto Club				*Technique Only (no performance in concert)				Times are subject to changes without notice			
4.30-5.15pm	STARZ Dance#	Jnr	45m	#Accessible Class for students with disabilities							
5.15-6.00pm	STARZ Dance#	Snr	45m								
6.00-6.45pm	STARZ Crew#	Open	45m								

TAKE A LOOK AT SOME BACK-TO-BACK CLASS OPTIONS AVAILABLE...

Cupcakes Students:

Option 1: Mondays

10-10.45am 3-4yrs CC Dance
11-11.45am 3-4yrs CC Acro

Option 2: Mondays

11-11.45am 4-5yrs CC Dance
12-12.45pm 4-5yrs CC Acro

Option 3: Tuesdays

9.15-10.15am 3-5yrs Jazz/Tap CC Combo
10.30-11.15am 3-4yrs CC Acro
11.30-12.15pm 3-4yrs CC Dance

Option 4: Tuesdays

10.30-11.15am 4-5yrs CC Dance
11.30-12.15pm 4-5yrs CC Acro

Option 5: Thursdays

11-11.45am 4-5yrs CC Dance
12-12.30pm 3-5yrs CC Tap

Option 6: Fridays

11-11.45am 4-5yrs CC Dance
12-12.45pm 4-5yrs CC Acro

Option 7: Saturdays

8.30-9am 3-5yrs CC Tap
OR 8.30-9am 4-6yrs Ballet
OR 8.45-9.30am 3-5yrs CC Acro
9-9.30am 2-3yrs CC Dance
OR 4-6yrs Hip Hop
9.30-10.15am 4-5yrs CC Dance

8-9yr Students:

Option 1: Mondays

3.30-4.15pm 6-9yrs Hip Hop
OR 3.45-4.45pm Green Acro*
4.15-4.45pm 6-9yrs Tap
4.45-5.30pm 8-9yrs Jazz
OR Aqua Acro*

Option 2: Tuesdays

3.30-4.15pm 6-9yrs Lyrical
OR Aqua/Green Acro
4.15-5pm 8-9yrs Jazz
OR 4.15-5.15pm Green/Violet Acro
5-5.45pm Level 3/4 Ballet
OR 5pm – 5.45pm 6-9yrs Hip Hop

Option 3: Fridays

3.30-4.30pm 6-9yrs Jazz/Tap Combo
OR Green Acro
4.30-5.15pm 6-9yrs Lyrical
OR Aqua Acro
5.15-6.30pm 6-9yrs Hip Hop

Option 4: Saturdays

9.30-10.15am 6-9yrs Tap
OR Aqua Acro*
10.15-11am 8-9yrs Jazz
11-11.45am 6-9yrs Lyrical
OR 6-9yrs Ballet
11.45-12.30pm 6-9yrs Hip Hop
OR Lvl 1/2 Tap
12.30-1.30pm Green Acro

5-6yr Students:

Option 1: Mondays

3.30-4.15pm 5-6yrs Jazz
4.15-4.45pm 5-6yrs Hip Hop
4.45-5.30pm Aqua Acro*

Options 2: Wednesdays

3.30-4.15pm 5-6yrs Jazz
4.15-4.45pm 5-6yrs Ballet

Options 3: Saturdays

8.30-9am 3-5yrs CC Tap
OR 8.30-9am 4-6yrs Ballet
9-9.30am 4-6yrs Hip Hop
9.30-10.15am Aqua Acro*
10.15-11am 5-6yrs Jazz

10-12yr Students:

Option 1: Wednesdays

4.45-5.30pm 10-12yrs Hip Hop
5.30-6.30pm 10-12yrs Contemporary
6.30-7.30pm 10-12yrs Jazz
7.30-8.30pm 10-14yrs Lyrical

Option 2: Thursdays

4-4.45pm Lvl 1 Tap
4.45-5.30pm Lvl 2/3 Tap
5.30-6.30pm 10-14yrs Hip Hop
6.30-7.30pm 10-14yrs Lyrical
7.30-8.30pm 10-14yrs Jazz

Option 3: Fridays

4-5.30pm Elite Extension*
5.30-6.30pm 10-12yrs Hip Hop
OR Violet/Orange Acro
6.30-7.30pm 10-12yrs Jazz/Contemp Combo

Option 4: Saturdays

11.45-12.30pm Level 1/2 Tap
12.30-1.30pm 10-12yrs Jazz
1.30-2.30pm 10-12yrs Lyrical/Contemp
2.30-3.30pm 10-12yrs Hip Hop
OR 10+yrs Beginner Acro
3.30-4.30pm Break Dance
OR Lvl 3 Tap

15+yr Students:

Option 1: Mondays

5.30-6.30pm 15+y Contemporary
6.30-7.30pm 15+y Jazz
7.30-8.30pm 15+y Hip Hop

Option 2: Tuesdays

6.30-7.30pm Open Ballet
7.30-8.30pm 17+yr Commercial Jazz
OR 7.30-8.15pm Pointe (Invite Only)

6-7yr Students:

Option 1: Mondays

3.30-4.15pm 6-9yrs Hip Hop
4.15-4.45pm 6-9yrs Tap
4.45-5.30pm 6-7yrs Jazz
OR Aqua Acro*

Option 2: Tuesdays

3.30-4.15pm 6-7yrs Jazz
OR 6-9yrs Lyrical
OR Aqua/Green Acro
4.15-5.15pm Green/Violet Acro
OR 4.15-5pm Level 1/2 Ballet
5-5.45pm 6-9yrs Hip Hop

Option 3: Fridays

3.30-4.30pm 6-9yrs Jazz/Tap Combo
4.30-5.15pm 6-9yrs Lyrical
OR Aqua Acro
5.15-6.30pm 6-9yrs Hip Hop

Option 4: Saturdays

9.30-10.15am 6-9yrs Tap
OR Aqua Acro*
10.15-11am 6-7yrs Jazz
11-11.45am 6-9yrs Lyrical
OR 6-9yrs Ballet
11.45-12.30pm 6-9yrs Hip Hop

13+yr Students:

Option 1: Mondays

5.30-6.30pm Violet Acro
6.30-7.30pm 13-14yrs Hip Hop
OR Orange Acro
7.30-8.30pm 13+yrs Jazz
OR White/Yellow Acro

Option 2: Tuesdays

5.45-6.30pm Level 5/6 Ballet
OR 5.45-6.30pm 10+yrs Hip Hop
6.30-7.30pm 12+yrs Contemporary
OR Open Ballet
7.30-8.30pm 12+yrs Jazz

Option 3: Wednesdays

7-8.30pm 13+yrs Jazz/Contemp Combo

Option 4: Thursdays

4-4.45pm Lvl 1 Tap
4.45-5.30pm Lvl 2/3 Tap
5.30-6.30pm 10-14yrs Hip Hop
6.30-7.30pm 10-14yrs Lyrical
7.30-8.30pm 10-14yrs Jazz

Option 5: Saturdays

11.15-12.30pm Oge+ Acro*
OR 11.45-12.30pm Level 1/2 Tap
12.30-1.30pm 13+yr Hip Hop
1.30-2.30pm 13+yr Jazz
OR Violet Acro
2.30-3.30pm 13+yr Lyrical/Contemporary
OR 10+yr Beginner Acro
3.30-4.30pm Break Dance
OR Lvl 3 Tap